

**Are you feeling stuck, overwhelmed, sad...**

Do you feel like you can't find your way to the life you want?



## **Learn How to Move Through Transition With the Wisdom of the Horse**

Sunday, September 11, 2011

8:30 am to 4:30 pm

Why horses? Interaction with horses give us immediate feedback in a non-judgmental way. Through individual horse sessions and group coaching, discover how horses mirror our unconscious thoughts and feelings, and help us find our way to our true path. (No horse experience necessary)

### **During this workshop you will:**

- Understand and manage the natural phases of change
- Explore your emotions as information and energy
- Ignite your personal power and authenticity
- Create a new vision for your life that aligns with your passion and sense of purpose



**Location:** 13781 North 115<sup>th</sup> Street; Longmont, CO 80504

**Date:** September 11, 2011 **Time:** 8:30 am – 4:30 pm

**Tuition:** \$90 (Includes materials, lunch, and snacks)

**Register at:** [www.coachingwithhorses.com](http://www.coachingwithhorses.com)

**Questions:** Karen Kendrick 212-300-7783 [karkendrick@yahoo.com](mailto:karkendrick@yahoo.com)



Your day will be led by 5 facilitators, in the final phase of their yearlong coaching certification with Kathy Pike (Author of Hope...From the Heart of a Horse: [www.coachingwithhorses.com](http://www.coachingwithhorses.com)), bringing their unique gifts and abilities to your experience:

**Nicole Andress** (France) Jungian psychotherapist, Equine Shiatsu Practitioner, **Kathy Cotter** (Michigan) Psychospiritual Breathwork Practitioner, Esoteric Healing Practitioner, **Sharyl Norman** (Wyoming) Engineer & Horsewoman, **Rita Bledsoe** (California) Spiritual Healer, **Karen Kendrick** (Florida) Masters in Counseling & Consultant