

Do you want to deepen the relationships you currently have and experience higher levels of intimacy?

Experience an EFLC (Equine Facilitated Coaching and Learning) Workshop and find a new way of looking at your life in partnership with a horse.

- **Create** authentic relationships built on trust, connection, and respect.
- **Improve** your communication with self, family, and friends.
- **Connect** to your authentic Self in order to experience true and nurturing relationships.

Horses sense and respond to thoughts, emotions, and intentions that are expressed subconsciously via body language. They give us feedback on our levels of emotional congruence with clarity and non-judgment. As herd animals, horses rely on emotional congruence for their survival. Like us, they desire and value authenticity in relationships. Horses help us discover and understand our emotions, communicate more effectively, and become more congruent and authentic with our choices in life. Experiencing a relationship through the eye of the horse awakens your own emotional intelligence, and connects you to the relationship wisdom you need to move from a life of surviving to thriving.



Program dates and information:

One day Workshop: September, 10th. Saturday. 9:00am to 4:00pm

Location: Coaching with Horses, P.O. Box 6616, Longmont, CO 80501

Tuition: \$90

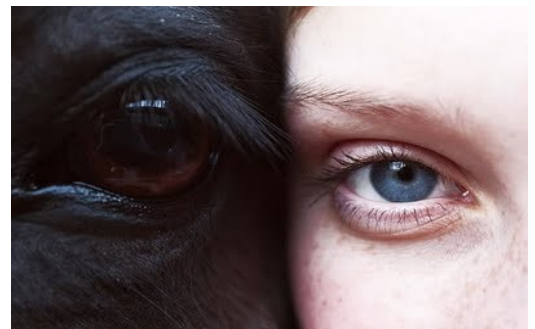
Tuition includes individual EFLC experience with horse, learning materials, snacks and lunch.

Limited Space – register now:

<http://www.coachingwithhorses.com/calendar.html> , phone: 720-318-1114 (Mindy), or email Tracy at support@coachingwithhorses.com



Facilitators are apprentices of **Kathy Pike**, Author of “Hope from the Heart of Horses: How Horses Teach Us About Presence, Strength and Awareness” ([www.Coaching With Horses.com](http://www.CoachingWithHorses.com)).



Mary Barrett is an Equine Reiki Practitioner, a Facilitator of Creative Expression and a student of The Carolyn Resnick Method for building authentic relationships with horses as a foundation for all equestrian pursuits. She lives in Falmouth Massachusetts.

Marta Cirera teams up with horses to allow people to connect with their inner self and live in emotional freedom. She lives in Barcelona, Catalonia, Spain.

Mindy Hagens is taking a break from competitive horse show world of Arabians, and is focusing on helping people get in touch with their inner wisdom. She resides in Superior Colorado.

Lisa Rutherglen works as a psychologist with families and children in Amsterdam (The Netherlands). Plays Capoeira (a Brazilian Martial Art) and loves to work with horses and people.

Tracy Scott is co-founder and President of Steadfast Steeds Mustang Sanctuary, Glade Park, CO. Lover and supporter of horses and Mustangs for 49 years

Crystal Zinn, MA, a psychotherapist with advanced training in trauma, is honored to be working in partnership with horses to facilitate personal growth and healing. She lives in Orleans, Massachusetts.