



The White Stallion Ranch is happy to present author and life coach Kathy Pike and this special program . . .

# The Wild Women Retreat

**Be the leader of your life!** During this full week retreat you will explore your purpose and passion as you dance with the desert winds *and the spirit of Horse.*

**Take this retreat if you wish to:**

- Ignite your purpose and passion
- Become the leader of your life
- Experience Horse as companion, teacher and guide
- Ignite your inner cowgirl and make new friends

Life transitions and growth can be empowering and energizing! During this retreat life coach and author Kathy Pike and some specially selected horses will lead you through activities to expand your awareness, confidence and discover the next steps on your path.

Individual and group coaching helps you to expand your sense of self and authenticity. This program includes reflective and active round pen sessions, trail riding in the desert, team penning, full-body massage, life coaching, movement, time for contemplation and writing, great food and lots of laughter. Meals and lodging included.

**Location:** White Stallion Dude Ranch, Tucson, Arizona

**Dates:** Nov 6-12, 2011. We meet at 4:00pm Sunday and end Saturday after breakfast.

**Tuition:** \$2075 double occupancy; add \$200 for a single room. Rates are all inclusive (includes room, meals, tax, program and ranch activities)

**Information/Register:** 303-945-9850 or [kathy@coachingwithhorses.com](mailto:kathy@coachingwithhorses.com)

*"The presence of the ranch herd, blended with the open-hearted support from the other women, along with Kathy's presence and clear guidance created a safe space to learn and grow with the horses." Dr. Linda Kingsbury, Herbalist, Idaho*

*"My horse taught me acceptance and how to be fully with in my center and in my heart. This program taught me what it means to be authentic. I will take this learning into all of my relationships" Kathy Hiebert*

*"I discovered an understanding of my energy and how to become the authentic women I am here to be. My life has taken on a new purpose and I am looking forward to living it to it's fullest potential when I go back home." Susan Lewis*

*"Being and learning with committed and inspired women on a horse ranch in the beautiful Arizona desert was an unforgettable and transformational experience for me." Erika Bayless*

**Facilitator: Kathy Pike**, author of *Pathways to a Radiant Life: A Journey of Growth and Discovery with the Chakras* and *Hope ... from the Heart of Horses: How Horses Teach Us About Presence, Strength, and Awareness*. Kathy is also the founder and publisher of the book series *Horse as Teacher: The Path to Authenticity*. Kathy travels internationally to teach Equine Facilitated Learning programs with a strong emphasis on mind, body and spiritual integration. Originally an art major Kathy also offers a diverse background including massage therapy, polarity therapy, PSYCH-K, and life coaching.

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