



The Colorado Horse Rescue presents author and expert in the field of Equine Facilitated Learning . . .

Hearts in Harmony

The Dance of Horse and Human

With Kathy Pike

This workshop takes you into a deep exploration of building a connection and relationship through the heart of the horse. Several specially designed activities with the horses help you to better understand the energetic fields of both horse and human. Through interacting with horses you learn:

- How to manage your energy to improve trust in relationships.
- Tools to create clear boundaries and protection.
- Processes to enhance your energetic space and create harmony and flow with others (and the horse).



The horse teaches you how to be deeply centered in your strength and awareness and how to gain understanding and intimacy in relationships.

The Hearts in Harmony workshop honors the horse as a teacher and guide for humans and applies both an experiential level of learning along with a logical and cognitive understanding. The Hearts in Harmony workshop is a non-riding workshop and suited for the beginner or serious equestrian, therapist, coach, trainer, counselor etc. Body centered activities and worksheets support the learning. If you are ready to grow spiritually and emotionally in partnership with a horse this program is for you. Explore, play and expand your possibilities with a horse!

Saturday/Sunday Program: May 14-15, 2011, 9-4 each day, \$500 includes materials

Location: Colorado Horse Rescue, 10386 N 65th St. Longmont, CO 80503

For More Information or to Register: program information email kathy@coachingwithhorses.com. Registration available online at: www.chr.org or contact Stacey Couch at scouch@chr.org, 720-494-1414 ext. 2202.

This is non-riding program and horses are provided. This is an Epona Approach™ program. Limited space-register early.



**COLORADO
HORSE RESCUE**

A portion of proceeds from this program goes to the horses at the Colorado Horse Rescue!

Facilitated by: Kathy Pike, author of *Pathways to a Radiant Life: A Journey of Growth and Discovery with the Chakras* and *Hope . . . from the Heart of Horses: How Horses Teach Us About Presence, Strength, and*

Awareness. Kathy is also the founder and publisher of the book series *Horse as Teacher: The Path to Authenticity*. Kathy travels internationally to teach Equine Facilitated Learning programs with a strong emphasis on mind, body and spiritual integration. Originally an art major Kathy also offers a diverse background including massage therapy, polarity therapy, PSYCH-K, and life coaching. When she is not teaching you can find her with her riding her three horses in the mountains of Colorado.

