



Let the horses move you through the steps of revealing your true self...

The Dance of Authenticity Through the Wisdom of the Horse

The path to authenticity requires one to move from simply functioning in the world to becoming connected to all aspects of life and self. The horses will move you through the steps of revealing your true self. Let the horse teach you to become more emotionally, physically and mentally aware.



Take one of these workshops if you wish to:

- Deepen your relationships (horse and human)
- Access you intuition and inner wisdom
- Connect to your authentic self and true direction of life
- Learn tools to manage your energy and achieve inner freedom

The majestic nature of horses is a transformational experience for humans. During this program you will interact with horses, develop relationships, become part of the herd, and learn about yourself along the way. Horses naturally bring you deeper into yourself and illuminate your path. Explore the natural rhythm of an authentic life and heart-centered power through the way of the horse. Equine learning activities may include: meet the herd, individual round pen sessions, grooming, open space work. Tools provided: emotional message chart, 4 steps to the present, authentic/false self-exploration, creative arts.

*This is a hands-on, non-riding program, no experience needed, for both riders and non-riders. It is an Epona Approach formatted program and fulfills requirements for advance with Linda Kohanov and Kathy Pike. All programs are facilitated by Kathy Pike and her trained assistants unless otherwise indicated. **No previous experience necessary, horses are provided. Onsite lodging is available; please ask for details to make your reservation.***

Program Dates and Information:

Two-Day Program: September 17-18, 2011, 9:00am to 4:00pm each day

Location: Coaching With Horses, Longmont, Colorado

Tuition: \$550 US

For More Information or to Register: <http://www.coachingwithhorses.com/calendar.html>, phone: 303-945-9850, or email Tracy (Kathy's Assistant) at support@coachingwithhorses.com



Facilitator: Kathy Pike is the author of *Hope ...from the Heart of Horses* with a forward by Linda Kohanov and *Pathways to a Radiant Self*. She is the founder and author in the book series *Horse as Teacher*. Kathy offers over 17 years of a diverse background including massage and polarity therapy, PSYCH-K, and is a past teacher for CoachU.

Her horsemanship accelerated through the adoption of a mustang deemed un-trainable and unadoptable by the BLM. He is now her main teaching and riding partner. Kathy travels nationally and internationally to teach EFLC workshops and the Apprenticeship programs. She is an Epona Approved Instructor